ARNOLD F. HABIG COMMUNITY CENTER OLDER AMERICANS

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September 2013



Sun		Mon		Tue		Wed		Thu		Fri	Sat
Center Open 1-4	2	CENTER CLOSED For LABOR DAY HOLIDAY	3	10 a.m. Tender Loving Crafts Class 11:15 a.m. Blood Pressure Checks 12 p.m. Bingo	4	9 - 10:30 a.m. FREE Computer Assistance 12:30 p.m. Dominoes 1 p.m. Mah Jongg	5	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 p.m. Cinch Tourney	6	8:30 a.m. Mah Jongg 10 a.m. Singing Seniors 12:30 p.m. Pay Me 3 p.m. RSVP Texas Holdem	7
8 Center Open 1-4	9	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 p.m. Texas Holdem	10	8:30 a.m. Healthy State of Mind at Shiloh Church 10 a.m. Tender Loving Crafts Class 12:30 p.m. Scrabble	11	9 - 10:30 a.m. FREE Computer Assistance 12:30 p.m. Phase 10 1 p.m. Mah Jongg 12 p.m. RSVP Lunch Bunch	12	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 Book Club & Sheephead Tourney		8:30 a.m. Mah Jongg 9:30 a.m. Leave rmory for Derby Dinner 10 a.m. Singing Seniors 12:30 p.m. Tripoley	14
Center Open 1-4	16	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 p.m. Pay Me	17	10 a.m. Tender Loving Crafts Class 11:15 a.m. Blood Pressure Checks 12 p.m. Bingo 3 p.m. RSVP Cook-out	18	9 - 10:30 a.m. FREE Computer Assistance 11 a.m. Lunch Bunch 12:30 p.m. Dominoes 1 p.m. Mah Jongg	19	7:30 a.m. Sign-up for Tropicana Casino Trip 9 a.m. Exercise Class 9:45 Walk fit Video 12:30 p.m. Rum Tourney	20	8:30 a.m. Mah Jongg 10 a.m. Singing Seniors @ St. Charles 12:30 p.m. Phase-10	21
Center Open 1-4	23	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 p.m. Tripoley	24	10 a.m. Tender Loving Crafts Class 12 p.m. Cook-out 12:30 p.m. Scrabble	25	9 - 10:30 a.m. FREE Computer Assistance 12:30 p.m. Pay Me 1 p.m. Mah Jongg	26	9 a.m. Exercise Class 9:45 Walk fit Video 12:30 p.m. Euchre Tourney	27	8:30 a.m. Mah Jongg 10 a.m. Singing Seniors 12:30 p.m. Dominoes	28
Center Open 1-4	30	9 a.m. Exercise Class 9:45 Walk Fit Video 12:30 p.m. Tripoley		Staff: Carie Dick-Director Bev Hinkle-Assistan Kris Hochmeister-R 'an Drivers: Tonya Jackso	lecep	tionist	fer		*:	*Bridge Lessons every Monday & Wednesday See newsletter for detail	S**